



# Prosumers of Collin County Monthly Meeting



**Monday**

**October 2<sup>nd</sup>, 2017**

**12:00 - 3:00 pm**

**LifePath Systems-Training Room  
1515 Heritage Dr  
McKinney, TX 75069**

**Tuesday**

**October 3<sup>rd</sup>, 2017**

**12:00 - 3:00 pm**

**Cross Bend Christian Church  
901 Cross Bend Rd  
Plano, TX 75023**

**-Lunch Provided-**

**Everyone is welcome to attend!!**

## **Forgiveness and Grief**

What is forgiveness? What does it mean? Why is forgiveness and grief tied together. What if I am too angry to forgive? Does forgiveness really heal? A thoughtful discussion on the benefits of forgiveness, techniques on forgiveness and when there is a loss, being able to grieve and mourn the loss. A huge conversation you will not want to miss!

RSVP online [www.ProsumersInternational.org](http://www.ProsumersInternational.org)

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Jessica 1-800-577-3795 x 803