



Prosumers of San Antonio Monthly Meetings



2nd Tuesday

&

3rd Friday

February 14th

February 17th

2:30 - 5:00 pm

12:00 - 3:00 pm

Haven for Hope

Center for Health Care Services

Volunteer Center

(CHCS) Board Room

1 Haven for Hope Way

3031 IH 10 West Frontage Road

San Antonio, TX 78207

San Antonio, TX 78201

-Snack Provided-

-Lunch Provided-

Everyone is welcome to attend!!

Not Believing in What You Think

Often, we can find ourselves conflicted with thoughts about what we can do. We think one thing and the world seems to tell us something different. Can we trust our thinking? Can we then communicate those thoughts to others so they begin to know us in a different way? This is guaranteed to be a huge discussion as we explore this topic and challenge our thinking about what is possible.

RSVP online www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers San Antonio at 1-800-577-3795 x 804