



# Prosumers of San Antonio Monthly Meetings



**2<sup>nd</sup> Tuesday**

**&**

**3<sup>rd</sup> Friday**

**July 11<sup>th</sup>**

**July 21<sup>st</sup>**

**2:30 - 5:00 pm**

**12:00 - 3:00 pm**

**Haven for Hope**

**Center for Health Care Services**

**Volunteer Center**

**806 S. Zarzamora**

**1 Haven for Hope Way**

**San Antonio, TX 78207**

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**-Lunch Provided-**

**-Snack Provided-**

**Everyone is welcome to attend!!**

## **Pushing Through All Kinds of Pain to Live Life**

We know emotional pain. Many of us also experience physical pain. Then there is the pain of heartache and disappointment. We could let the pain stop us from living life, but the irony is when you push through the pain, start living life, then the pain can stop, at least for a few moments. Also, should we always stop the pain? A serious topic which when learned can leave you living a more productive and fulfilled life.

RSVP online [www.ProsumersInternational.org](http://www.ProsumersInternational.org)

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers San Antonio at 1-800-577-3795 x 804