



Prosumers of San Antonio Monthly Meetings



2nd Tuesday

&

3rd Friday

September 12th

September 15th

2:30 - 5:00 pm

12:00 - 3:00 pm

Haven for Hope

Center for Health Care Services

Volunteer Center

806 S. Zarzamora

1 Haven for Hope Way

San Antonio, TX 78207

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-Lunch Provided-

-Snack Provided-

Everyone is welcome to attend!!

Drumming

Let's make some NOISE!! Drumming is one of those activities which is a way of communicating, expressing yourself and bringing a real sense of letting go to those things we hang on to. If you have never participated in a drumming circle, then you are in for a treat. Of all the meetings, we have, drumming is my favorite. Don't miss this one!

RSVP online www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers San Antonio at 1-800-577-3795 x 804