



Prosumers of San Antonio Monthly Meetings



2nd Tuesday

October 10th

2:30 - 5:00 pm

Haven for Hope

Volunteer Center

1 Haven for Hope Way

San Antonio, TX 78207

-Snack Provided-

&

3rd Friday

October 20th – 21st

8:00 am - 5:00 pm- Friday

8:00 am – noon - Saturday

Norris Conference Center

518 NW Loop 410

San Antonio, TX 78216

-Lunch Provided-

Everyone is welcome to attend!!

Forgiveness and Grief At Haven for Hope

What is forgiveness? What does it mean? Why is forgiveness and grief tied together. What if I am too angry to forgive? Does forgiveness really heal? A thoughtful discussion on the benefits of forgiveness, techniques on forgiveness and when there is a loss, being able to grieve and mourn the loss. A huge conversation you will not want to miss!

Bexar County Behavioral and Wellness Conference

October 20 & 21, 2017 at the Norris Conference Center. (Park North) 618 NW Loop 410 (Loop 410/San Pedro)
This 2-day conference for families, consumers, and caregivers features educational workshops about mental health topics/resources and a health/wellness resource fair.

RSVP online www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers San Antonio at 1-800-577-3795 x 804