



Prosumers of San Antonio Monthly Meetings



2nd Tuesday

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3rd Friday

January 9th, 2018

January 19th, 2018

2:30 - 5:00 pm

12:00 - 3:00 pm

Haven for Hope

Center for Health Care Services

Volunteer Center

5372 Fredericksburg Rd, Bldg. F

1 Haven for Hope Way

San Antonio, TX 78229

San Antonio, TX 78207

-Lunch Provided-

-Snack Provided-

Everyone is welcome to attend!!

Visualization Boards

It works! All kinds of people have used visualization boards to accomplish a myriad of goals and dreams. I even saw a lady on Oprah who visualized her being on the show after visualizing her writing a book. And there she was. A powerful tool to have you realize your dreams. A visualization board helps you to stay focused on where you want to go. A great way to start off the New Year. Bring magazines, scissors and glue as you are able. We will have your boards waiting for you. It is going to be a great start to 2018!

RSVP online www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers San Antonio at 1-800-577-3795 x 804